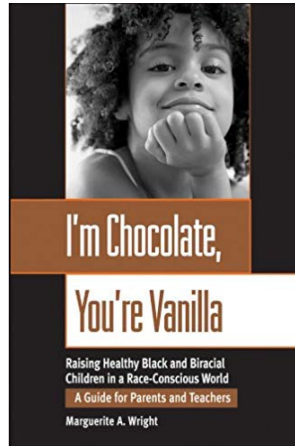


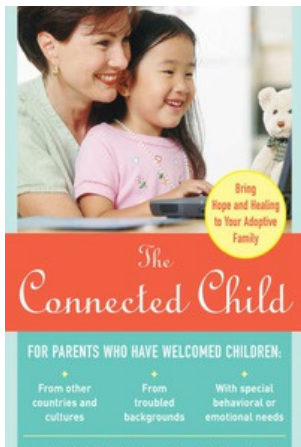
## LIFE STORY BOOKS

Life Story books are personalised books that tell a child's adoption story from the beginning of their known story - this book explores the theory behind why we need to take responsibility as parents to be telling our children their stories as well as how to do this practically.



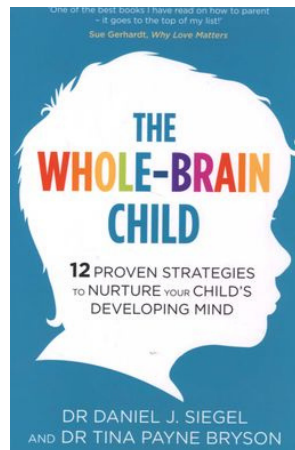
## I'M CHOCOLATE, YOU'RE VANILLA

We live in a world that is race conscious - how do we prepare and understand what we need to be mindful of so that we can create environments as well as understand how our children grow in their understanding of who we are as a family as well as how racial identity is created? This book speaks to this all.



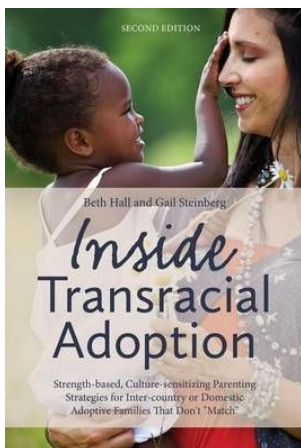
## THE CONNECTED CHILD

Connection and belonging are an integral part of a healthy family. While aimed at foster and adoptive parents, this book speaks to all parents with regards to the importance of understanding the motivation behind behaviour and working out how to ensure that we meet our children's emotional needs through actively seeking connection.



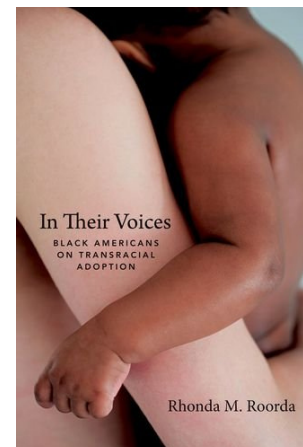
## THE WHOLE BRAIN CHILD

As parents, our children's meltdowns and outbursts may seem irrational, frustrating and leave us feeling helpless. When we understand how a child's brain works, it makes it easier to respond in a way that creates connection, meaningful relationship and healthy emotional growth. This book seeks to empower parents and caregivers with practical responses and strategies.



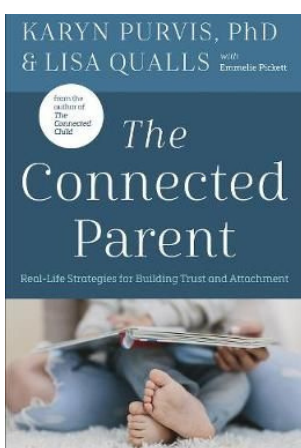
## INSIDE TRANSRACIAL ADOPTION

A must read for any family considering transracial adoption - written by two mothers who also professionals reflecting on their journeys in growing their families. This is American based but the theory and application is true for us as South Africans.



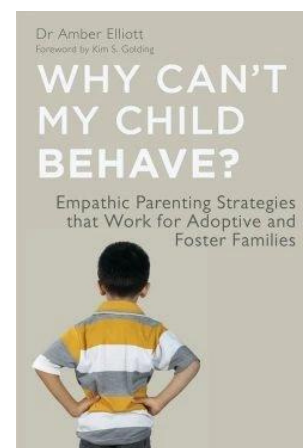
## IN THEIR VOICES

An easy to read book exploring identity development & family in different contexts across our life span. The book is a series of conversations exploring themes and experiences. Rhonda Roorda is a well respected adult adoptee in the US whose research and workshops aim at supporting both adoptees as well as their parents in thriving.



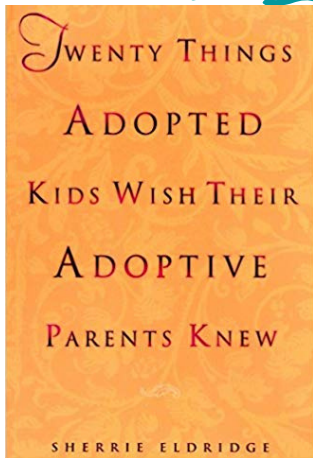
## THE CONNECTED PARENT

Parenting under the best of circumstances is difficult, but because of their unique needs, raising children from hard places brings additional challenges. This book is helpful for all parents who's children have experienced trauma, and is particularly aimed at adoptive and foster parents.



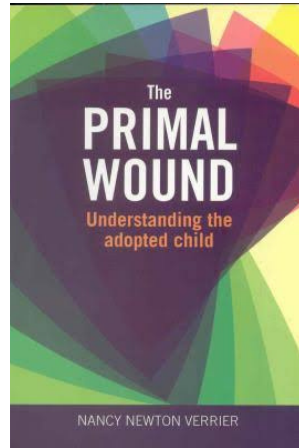
## WHY WON'T MY CHILD BEHAVE?

This book provides friendly expert advice on how to respond to difficult behaviours and emotions for parents of children with developmental trauma. Each chapter focusses on the common difficulties faced by carers or parents and features quick, applicable ideas with exercises and illustrations.



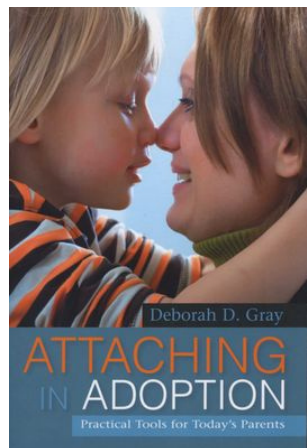
## 20 THINGS ADOPTED KIDS WISH THAT THEIR ADOPTIVE PARENTS KNEW

This book explores different themes and is written from the view point of a someone who has been adopted. It's a book that is a worthwhile read as a parent as well as for close friends and family to consider as they journey alongside families who choose adoption.



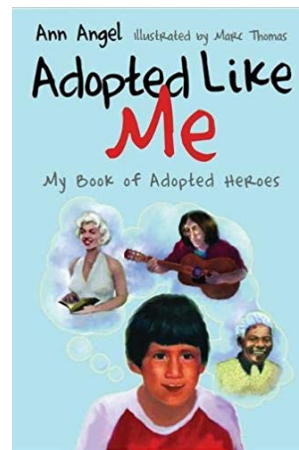
## THE PRIMAL WOUND

We live in a world that is race conscious - how do we prepare and understand what we need to be mindful of so that we can create environments as well as understand how our children grow in their understanding of who we are as a family as well as how racial identity is created? This book speaks to this all.



## ATTACHING IN ADOPTION:

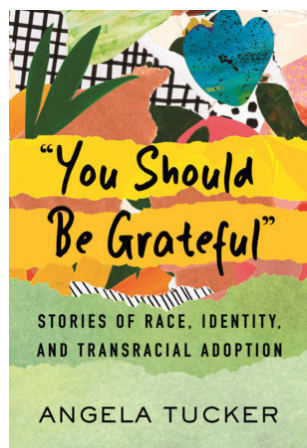
The idea of bonding or figuring out how to belong to each other is a common conversation in adoption spaces - Attaching in Adoption unpacks why this matters and as parents what we can do to create opportunities to reinforce this bond. Attachment is important - it's what anchors us to each other.



## ADOPTED LIKE ME

Who do you know across history that was or is adopted? This is a lovely book for children to normalise some of their story while looking at people who influenced history.

As an adult it gives a counter-story to some of the myths of adoption too.



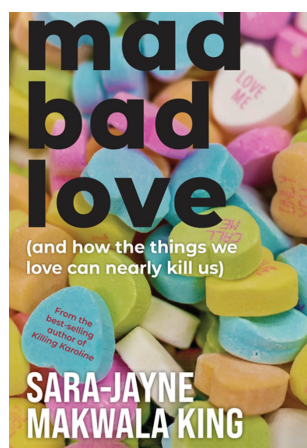
## YOU SHOULD BE GRATEFUL

An adoption expert and transracial adoptee herself examines the unique perspectives and challenges these adoptees have as they navigate multiple cultures. This book is part autobiography and part psycho-educational read that should be on your bookcase.



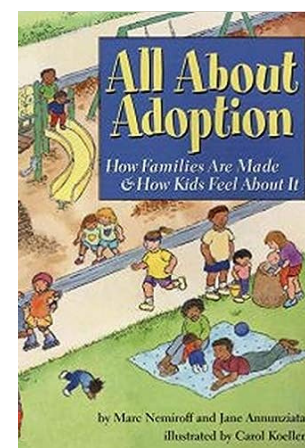
## REAL SISTERS PRETEND

The question often posed to siblings who are in families formed through adoption, is "are they real siblings"? This book is written in response to that for children affirming that adoption makes siblings real siblings and the two child characters in the story talk about adoption.



## MAD BAD LOVE

Life looks good for Sara-Jayne. She's a popular radio personality, a bestselling author and she's recently been reunited with her long-lost father, nearly 40 years after she was given up for adoption. A poignant memoir from a South African adult adoptee.



## ALL ABOUT ADOPTION

Explore the what, how and why of adoption, as well as the feelings kids can experience as they grow up. And for parents, sections on the practical and emotional dimensions, with suggested answers for the most challenging questions.