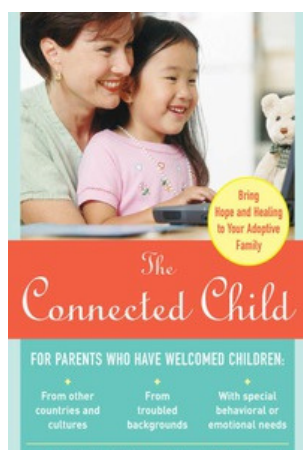




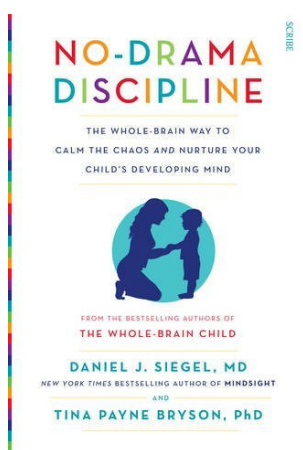
Peaceful Parent, Happy Kids

A ground breaking, practical and easy to read guide to help parents raise responsible, capable and happy kids. This book focuses on practical implementation by advocating for self-regulation, fostering connection and coaching not controlling as the keys to peaceful parenting.



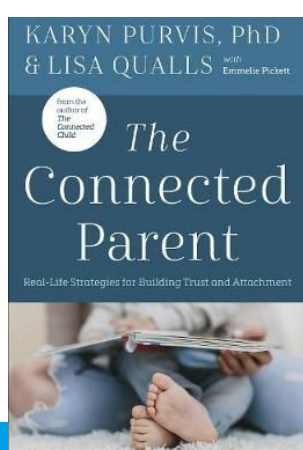
The Connected Child

Connection and belonging are an integral part of a healthy family. While aimed at foster and adoptive parents, this book speaks to all parents with regards to the importance of understanding the motivation behind behaviour and working out how to ensure that we meet our children's emotional needs through actively seeking connection.



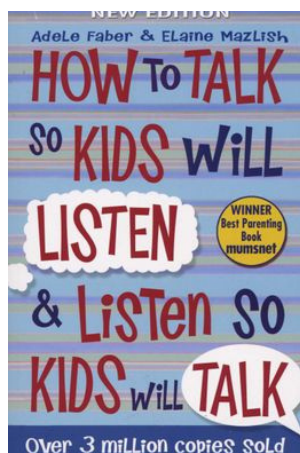
No Drama Discipline

This book is a refreshing approach to parenting that looks at the neuroscience of a developing child's brain to understand how to best discipline and teach kids while making them feel loved. It explains how to best discipline in a way that teaches and nurtures your child, and emphasizes the need to connect before disciplining.



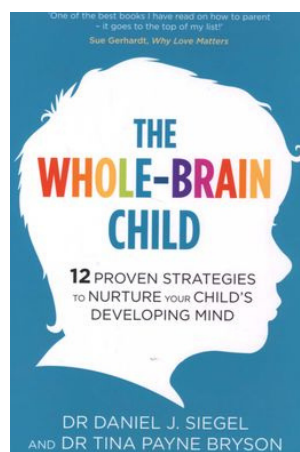
The Connected Parent

Parenting under the best of circumstances is difficult, but because of their unique needs, raising children from hard places brings additional challenges. This book is helpful for all parents who's children have experienced trauma, and is particularly aimed at adoptive and foster parents.



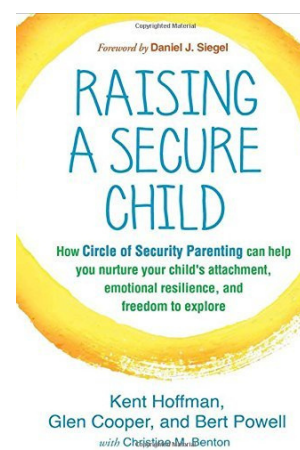
How to talk so Kids will Listen

Blaming your children for your parenting woes is the wrong approach. Instead, you should focus on improving your communication with them. With better communication, you can improve their behaviour, your relationship with them, and very possibly even improve their future.



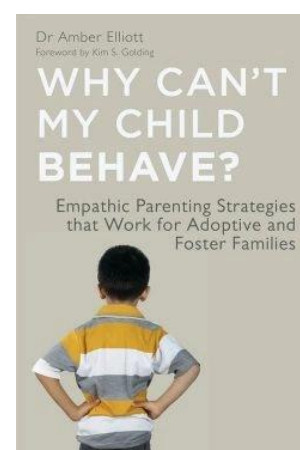
The Whole Brain Child

As parents, our children's meltdowns and outbursts may seem irrational, frustrating and leave us feeling helpless. When we understand how a child's brain works, it makes it easier to respond in a way that creates connection, meaningful relationship and healthy emotional growth. This book seeks to empower parents and caregivers with practical responses and strategies.



Raising a Secure Child

Today's parents are constantly pressured to be perfect. But in striving to do everything right, we risk missing what children really need for lifelong emotional security. Now the simple, powerful "Circle of Security" parenting strategies are available in book form. Focuses on recognizing your child's emotional needs, and how your own upbringing impacts your parenting.



Why Won't My Child Behave?

This book provides friendly expert advice on how to respond to difficult behaviours and emotions for parents of children with developmental trauma. Each chapter focusses on the common difficulties faced by carers or parents and features quick, applicable ideas with exercises and illustrations.